

HEALTH PROMOTION INTO STREET PSYCHOLOGY FIELD: A.N.T. PROJECT

SLIDE 1) TITOLO

This contribution presents a Project which is an operative exemplification of what has been said into preceding contributions too.

In fact, the operative strategies of this Project are coherent with the Dialogic Model and place it in context of health promotion interventions (such as defined into preceding contributions), realized by Social-Public Service and Private Service working together on/in network in Settimo Torinese (Italian city near Torino).

In order to describe methodological and operative aspects, we consider first the purpose of A.N.T. Project.

SLIDE 2) EQUIPE

In 2005 a Local Health District (ASL) deliberation defines the constitution of a multidisciplinary integrated équipe, which is synthetically named **A.N.T.** (i.e. **Action in Territory**). General object or “**mission**” of A.N.T. is the “**health promotion in youthful ambit through interventions in territory**”. So the intervention proper target is all **youthful population** from 14 to 25 years old. The A.N.T. équipe is composed by the Department of Mental Health, Public Service for Drug Addiction and Association Psicopoint..

This Local Health District deliberation, giving to the équipe a formal mandate, recognizes the health promotion activities developed by A.N.T. Project through street work, as “**institutional activities**” of Department of Mental Health and of Public Service for Drug Addiction

SLIDE 3) MISSION

A.N.T. Project uses the Dialogic Model as operative frame, which have been described into preceding contributions.

In the light of this Model, in order to achieve the health promotion objective, there are three strategic under-objectives:

1. **survey** into the territory of reality constructions that involve - in terms of ‘anticipation’ – the possibility of (*illness arise*) organic disease development or (*include “illness”, “sickness” and “uneasiness” as narrative possibilities*) contemplate “uneasiness” and eventually ‘help request’ in order to **guide, accompany and intermediate** them to the Public Services (situations otherwise not interceptables from Public Services);
2. **re-intermediation** to the Public Services of own ex-customer (ex-customer in condition of so-called marginality and “discomfort”);
3. **non-specific intervention of health promotion.**

In order to pursue the under-objectives indicated, A.N.T. Project uses some tools cross-sectional to different operative contexts:

a. **Psychological and Psycho-pedagogical Services. These Services are free, anonymous, extra-moenia** and easily accessible on territorial base (meeting and aggregation places in the quarters, also in not conventional timetables);

b. **to supply meeting and relation occasions not formal to all the young people contacted**, in order to facilitate the construction and the maintenance of a spontaneous social net able to render available knowledge modalities and therefore processes of construction of the reality

1. that do not contemplate the disease as narrative possibility
2. from which is possible to anticipate the management of the situations ‘risk of organic disease’.

SLIDE 4) ORGANIZATIONAL ORDER

Project “**Technical Direction**” is committed to an équipe composed by three members, representing respectively the Department of Mental Health (a psychologist); the Public Service for Drug Addiction (an educator); “**Psicopoint**” Association (a psychologist), and a referring one for the “**Operating Coordination**”.

The subdivision of the operativity in three **different operating strategies** allows to characterize and to manage in the three fields the resources dedicated, coordinated from an expert operator. The consequent “organizational matrix/ORDER” synthesizes such type of management.

- **Operating Coordination**, co-ordinate the actions of the three different operating strategies (Clinical Action, Social Action, Net Action).
- **Operating Technical support**, takes care of quality procedures and answers for it to the Operating Coordination.
- **Administrative Support**: takes care of informative debt, correspondence, certifications, and answers for it to the Operating Coordination.

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- **Clinical Action:** street interventions, intermediations to the Services or to the resources of net and reception of the 'help request' and their taking charge; of which it answers for the Technical Direction that stops the total clinical responsibility.
- **Social Action:** initiatives of animation, relative to technical planning and realization; support to the clinical action with psycho-pedagogical competences in taking charge, and of the aggregation and formation questions; of which it answers for the Technical Direction.
- **Net Action:** it is managed from Psicopoint psychologists and operators. It is taken care of the management of the integrating resources, and in specific Psycho-Social Service, Legal Service, Job Service, and of the special "Monitor" Project, for persons who re-enter from residential treatments.

Follow the description of the actions of the different operating strategies.

SLIDE 5) STRATEGY 1: SOCIAL ACTION

Actions:

- **Mapping:** The spontaneous meeting places of the target on the territory contribute to constitute the "discursive context" about which it has been spoken in the previous contributions. So "Mapping" is the mapping of the "geographic places", therefore of the discursive contexts that contribute to construct social reality. The personal knowledge of the places, of the languages, beyond concurring the acquaintance of the discursive contexts, is preliminary to the credit of operating as competent adult and allows therefore the predisposition of the contacts.
- **Activation:** The regularity of the presence in the time and the space through the so-called "street turn", is the tool for the activation and the maintenance of the contacts. It constructs custom, familiarity and belongings.
- **Information:** It happens mostly through the condoms delivery and the distribution of informative materials about alcohol, drugs, sexually transmissible diseases, legislation, etc. The distribution is often the occasion for activate a contact and open a dialogue.
- **Promotion:** It consists in the organization of recreational moments - prepared or extemporaneous - in order to aggregate the target, characterizing operators and the services, in a friendly and informal context. In such context, often the figure of the peers entertainer is activated (young of zone already in fiduciary contact, been involved in the Project).

SLIDE 6) STRATEGY 2: CLINICAL ACTION

Actions:

- **Presence and interaction:** Promoted and credited from the Social Action, the quarter's psychologist is present in discursive contexts, participating with more and more incisive role towards the processes of construction of the social reality. Objects of its action are: - the non-specific support to the young people in situation of "uneasiness"; - the support to the strategy of coping; to reduce effects of stigmatization; the offer of availability to the dialogue. The psychologist qualification as such psychologist, operating in informal way.
- **Listen and Reading:** the psychologist finds the 'help request' that come from the target, showing willingness to take in charge the questions, in anonymous and free way. From here is possible to activate the guideline program.
- **Guideline:** It consists in four talks semi structured, on appointment, in A.N.T. structures, about a) reason of the consultation; b) history; c) desires and expectations; d) personalized council. The talks are lead with Dialogic Model methodologies. The program can be stopped or be preliminary to a output be proposed as a suggestion.
 - 1 **Activation:** The psychologist activates or re-activates resources present in territory - the so-called informal fiduciary contacts - considered "diffused therapeutic community" - supporting them and monitoring the taking charge
 - 2 **Street Intervention:** The psychologist directly takes charges the demand through periodic encounter in street.
 - 3 **Shipment to the net:** The psychologist "accompanies" towards the offer or the indicated service of net
 - 4 **Intermediation:** If necessary, the psychologist passes the demand to the Institutional Services, preparing and facilitating of the access.

SLIDE 7) STRATEGY 3: NET ACTION

Actions:

SERVICES

- **Search:** It search the resource suited to the requirement found from the operators.

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- **Support:** of logistic and operating kind to the initiatives of whichever kind spontaneously borne
- **Stages:** organization of stages and training course with territorial agencies for the target (i.e. international exchanges, etc).
- **Interventions:** demanded from teachers and students for sensitize and deepening of psychological thematic ("bullying", sexuality, "marginalization", etc).

OFFERS

- **Legal advising:** legal support; examination and interpretation of documents lawyers of penal or civil character;
- **Job Advising:** advising of guideline to the job, preparation of vitae curriculum and of presentation; councils and indication to present himself effectively and to manage effectively contacts and talks with the employers; trade-union advising
- **Social secretariat:** support in the development of bureaucratic practical; searches guided on Internet
- **Counselling and psychotherapy:** short itinerary of clinical advising on three modules (10, 15 or 24 talks); longitudinal advising; counselling according to necessity.